



OUR LADY OF MERCY SCHOOL
BLUEJAY ATHLETICS
Information Try-Out Form

Track & Field tryouts for grades 5 through 8 will be held the week of 02/14/12. Families of all interested students are to read all of the following information carefully and retain the top portion of this sheet for dates and times.

Requirements for Participation:

Adherence to each of the following requirements:

CSAL—Meet all CSAL T&F requirements for age and grade level.

Academic—See OLOM Student Handbook.

Conduct—See OLOM Student Handbook.

Health—A pre-participation Physical form must be completed by a Physician and turned in to the Head Coach prior to the date noted below. The correct form is available on the Mercy website. Go to Athletics/Handbook and Forms.

Commitment of time as follows:

Practice — Weekday evenings from 5:30pm to 6:45pm, (subject to change for daylight saving time). Each athlete must participate in a minimum of two weekday practice sessions. Saturday practice sessions are mandatory.

Meets — Minimum of five Meets held on Saturday morning or Sunday afternoon.

Parental Involvement—Parent participation is required for the Mercy sponsored Track Meet.

Adherence to the "Guidelines for Parents" and the "Parents' Pledge".

CSAL Selection Procedures:

Only two (2) Try-out Sessions will be held for each Team. These sessions will be closed to spectators until the last 10 minutes of each session. No spectators will be allowed on the Field. Students must participate in both sessions to be eligible for consideration. Selection of team members will be made promptly by the Coaches Committee.

The Try-Out Schedule, which varies by age-group, is as follows:

Grades 5 and 6; Boys and Girls

- Thursday, 02/16/12, 5:30pm to 7:00pm; Friday, 02/17/12, 5:30pm to 7:00pm.

Grades 7 and 8; Boys and Girls

- Tuesday, 02/14/11, 5:30pm to 7:00pm; Wednesday, 02/15/11, 5:30pm to 7:00pm.

All Try-out Sessions will be held at the Mercy Field. In the case of any extraordinary circumstances the Athletic Director or Coach Newman is to be contacted immediately.

Registration:

Team designations will be posted on the school website on 02/22/12. First practice is 02/23/12.

Registration & Consent Forms will be sent to each student-athlete at that time.

All Registration forms, the required Physical form and the non-refundable Sports Fee of \$75.00 per student-athlete must be submitted to the Coach Mark no later than 02/28/12.

Detach and return ONLY the lower portion of this form to Coach Newman by 02/09/12 to register for try-outs.

My student is in the ___ grade and will try-out for the - Boys - Girls - team. (Circle one).

We have read and will adhere to the policies and procedures as noted above on this page.

Student's Name

Parent's signature